

December 2020

Meetings held at Age Concern Rooms in Forth Street, Invercargill at 7.30pm on the first & third Thursday of each month.



It seems incredible to think that in less than three weeks the presents will have been unwrapped, the food will have been eaten and we will be eating left over ham sandwiches J.

This has certainly been a year that many will be quite happy to bid adieu to, we have learnt a whole new language of bubbles, lockdowns, PPE, social distancing, contact tracing, levels 1,2,3 & 4, and managed isolation. Zooming no longer just means going fast and for many it became part of the daily routine to check out the number of new COVID cases at 1:00PM and breathe a sigh of relief when there were no more community transmissions. And I suspect that most of us have a quiet pride in being part of the team of five million who have so far held the virus at bay, how privileged we are to be able to go out and socialise, attend and photograph sporting events, go to concerts and generally live our lives as normal within our borders.

Through all of this, thanks to a group of dedicated committee and club members, the Southland Photographic society has prospered with members gaining PSNZ Honours and success in National salons.

Congratulations to Rosalie Lindsay and Anna Stewart who have both gained their LPSNZ. Congratulations must also go to Barbara Lee, Sarah Stirrup, Rodger Wandless and Chris Watson who have had success in various National Salons and to Debbie Main-Tose and Val Wardell who had images published in the 2020 edition of NZ Camera.

Congratulations and well done to those club members who have entered their first images in club competitions this year and also congratulations to those who have achieved acceptances, merits and honours and thanks to our judges.

The planning committee are working on an interesting and exciting programme for 2021 dates to remember include:-

15-18<sup>th</sup> April - PSNZ Convention in Christchurch

7-9<sup>th</sup> May - The Queenstown Creative photography workshop with Gail Stent and Judy Stokes

16-18<sup>th</sup> July - mid-winter social photographic weekend in Dunedin - Photographic opportunities include the Otago Peninsular (landscape and natural history), city architecture, street photography.

My wish for you all is that the blessings and promise of this special season be with you and those who are special in your lives and may you be able to spend time with those people.

Happy Holidays, Meri Kirihimete, Feliz Navidad, Nollaig Chridheil, Merry Christmas.

Wishing you a happy and blessed Christmas.

Cheryl

**Yes - we'll be back, on January 28th, same venue at Age Concern - 7.30pm.**

Patron: Graham Dainty

Office Bearers:

President: Cheryl McMath

Vice President: Stephanie Forrester

Immediate Past President: Barbara Lee

Secretary: Liz Collett

Treasurer: Gillian Maclean

Committee Members:

Les Ladbrook, David Watson, Val Wardell, Anna Stewart, Graham Dobbs

Digital Image Secretary:  
Stephanie Forrester

Print Secretaries:  
Ian Smith, Cheryl McMath

Newsletter Editor:  
Rosemary McGeachie

Facebook/Website:  
Les Ladbrook

## End of Year Championship Results

### Aggregate Results

Alexander Memorial Trophy -  
Aggregate Natural History - highest points tally in any one medium, regardless of their grade.

Gillian Maclean - First  
Barbara Lee - Second  
Tania Mackie - Third Equal  
Chris Watson - Third Equal  
Sally Dobbs - Third Equal

Natural History - Digital

A Grade

Barbara Lee - First  
Chris Watson - Second  
Dawn Patterson - Third Equal  
Peter Aalders - Third Equal

B Grade

Gillian Maclean - First  
Les Ladbroke - Second Equal  
Anna Stewart - Second Equal

C Grade

Tania Mackie - First Equal  
Sally Dobbs - First Equal  
Keri Kahotea - Third Equal  
Sonia Kennard - Third Equal

Natural History - Print

A Grade

Barbara Lee - First  
Peter Aalders - Second  
Chris Watson - Third Equal  
Dawn Patterson - Third Equal  
Rosemary McGeachie - Third Equal  
Sr Maria - Third Equal

B Grade

Gillian Maclean - First  
Anna Stewart - Second  
Cheryl McMath - Third Equal  
Sandra Stevens - Third Equal

C Grade

No entries

Aggregate Trophies in Open Digital Competition

Presidents Cup (A Grade)

Debbie Main-Tose - First

Val Wardell - Second  
Stephanie Forrester - Third Equal  
Barbara Lee - Third Equal  
Ian Smith - Third Equal  
Dawn Patterson - Third Equal

Jumbo Cup (B Grade)

Gillian Maclean - First  
Tania Mackie - Second  
Sandra Stevens - Third Equal  
Anna Stewart - Third Equal  
Shane Todd - Third Equal

Jubilee Cup (C Grade)

Sally Dobbs - First  
John Grant - Second  
Graham Dobbs - Third Equal  
Sonia Kennard - Third Equal

Aggregate Trophies in Open Print Competition

Russell Cup (A Grade)

Barbara Lee - First  
Val Wardell - Second  
Dot Mullay - Third

Jumbo Cup (B Grade)

Tania Mackie - First  
Anna Stewart - Second  
Peter Aalders - Third

Scott Cup (C Grade)

No entries

Aggregate Trophies in Photojournalism Competition

Southland Times Trophy - Photojournalism, Digital

Chris Watson - First  
Gillian Maclean - Second Equal  
Sandra Stevens - Second Equal

Arthur Crosby Award - Photojournalism Prints

Dot Mullay - First Equal  
Chris Watson - First Equal  
Sandra Stevens - Third

### End of Year Championship Awards

#### Digital

Sonya Crook Trophy - Best Entry of three Open Digital

Debbie Main-Tose - First  
1. 'The Vienna Choir Organ'  
2. 'Autumn Music'  
3. 'Devine Light'  
Dave Tose - Second  
1. 'And Life Passes By'  
2. 'Prague at Night'  
3. 'Sweeping Arches'

Stephanie Forrester - Third

1. 'Day's End'
2. 'In Winter's Grip'
3. 'The Ice Tree'

Neil McCallum Trophy - Champion Open Projected Image (selected from individual images in the Digital Image Championship Cup

Anita Hayman - First  
'Rippled reflection'  
Debbie Main-Tose - Second  
'Devine light'  
Barbara Lee - Third  
'Soaring wide'

Ron James Trophy - Champion Landscape Digital Image

Chris Watson - First  
'Fiordland moods'  
Barbara Lee - Second  
'One fine night'  
Barbara Lee - Third  
'Habitat'

Natural History Shield - Best Entry of Three NHx Digital Images

Anna Stewart - First  
1. 'Fungi'  
2. 'NZ Sealion Phocarctos hookeri'  
3. 'White-Faced Heron'  
Gillian Maclean - Second  
1. 'New Zealand Bumblebee (Bombus Apidae)'  
2. 'Tui (Prosthemadera novaeseelandiae)'  
3. 'New Zealand Pigeon (Kereru)'  
Barbara Lee - Third  
1. 'Banded Dotterel - male'  
2. 'Ruddy Turnstone'  
3. 'Spotted Shag adults with juvenile'

Charles Barwell Memorial Trophy - Champion NHx Digital Image selected from individual images in the Natural History Shield

Anna Stewart - First  
'NZ Sealion Phocarctos hookeri'  
Gillian Maclean - Second  
'New Zealand Bumblebee (Bombus Apidae)'  
Chris Watson - Third  
'White heron'

Pat McGrath Trophy - Champion Photojournalism Digital Image

Chris Duggan - First  
'Tangi Grief'  
Ian Smith - Second  
'In their own Worlds'  
Anna Stewart - Third  
'Jet Skiers Playground'

## Prints

### Southland Amateur Sports Trust Cup - Best Entry of 3 Open/Pictorial Prints

- Tania Mackie - First  
1. 'Neptune's reach'  
2. 'Blue mist'  
3. 'Road to recovery'  
Chris Duggan - Second  
1. 'Hill Billy Cabin'  
2. 'The Old Workshop'  
3. 'Tunnel Art'  
Chris Watson - Third  
1. 'Fiordland storm'  
2. 'Fog bow'  
3. 'Incoming tide'

### Rillstone Trophy - Champion Open Print selected from individual images entered in the Southland Amateur Sports Trust Cup

- Barbara Lee - First  
'Just a little magical'  
Tania Mackie - Second  
'Neptunes reach'  
Chris Watson - Third  
'Fiordland storm'

### Davidson Cup - Champion Landscape Print

- Barbara Lee - First  
'Beach Light'  
Tania Mackie - Second  
'Magical Forest'  
Chris Watson - Third  
'Milford Sound'

### Miezenbeek Memorial Cup - Champion Monochrome Print

- Barbara Lee - First  
'Inundated'  
Chris Duggan - Second  
'St Pionist'  
Tania Mackie - Third  
'Industrial Movement'

### Unicolour Cup - This cup is to recognise innovation & artistic flair

- Barbara Lee - First  
'Remembrance'  
Barbara Lee - Second  
'Tower of Babel'  
Barbara Lee - Third  
'Visitation'

### Stan Wooding Trophy - Champion Photojournalism Print

- Chris Duggan - First  
'Mud Madness'  
Chris Watson - Second  
'This is Going to Hurt'  
Chris Watson - Third  
'Focused'

### Roy Stiles Memorial Cup - Champion Natural History Prints - Best entry of 3 Natural History Prints

- Barbara Lee - First  
1. 'NZ Tomtit—Juvenile'  
2. 'European Goldfish'  
3. 'South Island Robin - female'  
Sandra Stevens - Second  
1. 'Juvenile Pied Stilt'  
2. 'Pied Stilt'  
3. 'South Island Robin'  
Chris Watson - Third  
1. 'Pied stilt chick'  
2. 'White-faced heron'  
3. 'South Island robin'

### Gordon Watson Trophy - Champion Natural History Print - Selected from individual images in the Roy Stiles Memorial Trophy

- Barbara Lee - First  
'NZ Tomtit—Juvenile'  
Gillian Maclean - Second  
'Blue Damsel selfy (Austrolestis colenonis)  
Gillian Maclean - Third  
'Common Starling (Sturnis vulgaris)

### Ruzsa Trophy - Champion Audio Visual Presentation

- Ian Smith - First  
'Nightcaps Visited'

### Most Improved Photographer

John Grant

### Well done everyone. You have done a great year's work!

*Attorney: Doctor, before you performed the autopsy, did you check for a pulse?*

*Witness: No.*

*Attorney: Did you check for blood pressure?*

*Witness: No.*

*Attorney: Did you check for breathing?*

*Witness: So, then it is possible that the patient was still alive when you began the autopsy?*

*Witness: No.*

*Attorney: How can you be so sure, Doctor?*

*Witness: Because his brain was sitting on my desk.*

*Attorney: But could the patient have still been alive, nevertheless?*

*Witness: Yes, it is possible he could have still been alive and practicing law.*

*Many years ago in Scotland, a new game was invented.*

*It was ruled 'Gentlemen Only...Ladies Forbidden'.....*

*and thus the word GOLF entered into the English language.*

*A man with a winking problem is applying for a position as a sales representative for a large firm.*

*The interviewer looks over his papers and says,*

*'This is phenomenal. You've graduated from the best schools, your references are wonderful, and your experience is unparalleled. Normally, we'd hire you without a second thought. However, a sales representative has a highly visible position, and we're afraid that your constant winking will scare off potential customers. I'm sorry.... but we can't hire you.'*

*'But wait,' the man says. 'If I take two aspirin, I'll stop winking!'*

*'Really? Great! Show me!'*

*So the applicant reaches into his jacket pocket and begins pulling out all sorts of condoms: red condoms, blue condoms, ribbed condoms, flavoured condoms.*

*Finally, at the bottom, he finds a packet of aspirin.*

*He tears it open, swallows the pills, and stops winking.*

*'Well,' said the interviewer, 'that's all well and good; but this is a respectable company and we will not have our employees womanising all over the country!'*

*'Womanizing? What do you mean? I'm a happily married man!'*

*'Well then, how do you explain all these condoms?'*

*'Oh, that,' he sighed. 'Have you ever walked into a pharmacy, winking, and asked for aspirin?'*

*It was the accepted practice in Babylon 4,000 years ago that for a month after the wedding, the bride's father would supply his son-in-law with all the mead he could drink.*

*Mead is a honey beer and because their calendar was lunar based, this period was called the honey month, which we know today as the honeymoon.*

*When a panel of doctors were asked to vote on the hospital redevelopment plan : The Allergists voted to scratch it and the Dermatologists preferred no rash moves.*

*The Gastroenterologists had a gut feeling about it, but the Neurologists thought the administration had a lot of nerve, and the Obstetricians stated they were labouring under a misconception.*

*The Ophthalmologists considered the idea short-sighted; the Pathologists yelled, 'Over my dead body!' and the Paediatricians said, 'Grow up!'*

*The Psychiatrists thought it was madness; the Surgeons decided to wash their hands of the whole thing, and the Radiologists could see right through it!*

*The Internists thought it was a bitter pill to swallow but the Plastic Surgeon said, 'This puts a whole new face on the matter.'*

*The Podiatrists thought it was a step forward, but the Urologists felt the scheme wouldn't hold water.*

*The Anaesthetists thought the whole idea was a gas, and the Cardiologists didn't have the heart to say no.*

*In the end, the Proctologists left the decision up to some ars\*hole who didn't give a s\*\*t.....*

**'You might be a photographer if... Your eyesight from staring at the computer has gone from F11 to F1.8.' - Naman Pokarna's Photography**

**'The camera is much more than a recording apparatus, it is a medium via which messages reach us from another world.' - Orson Welles**

## Tips for Using Photographic Minimalism to Great Effect

In today's article, you will learn a key tip for improving your photography. After all, when you understand that photography is the art of subtraction, it makes sense that minimalism works so well for photography.

This means that employing photographic minimalism in your work will immediately improve your results. Let's take a look at what minimalism is, where you'll find it, and how to use it in your own photos.



*Shooting upwards toward the fisherman helped produce a minimalist photo.*

### What is minimalism?

Minimalism, as the name suggests, is about keeping things simple. It means avoiding clutter, which in photography equates to removing unwanted elements from your photos.

You do want a main subject, though; this is needed for the minimalist parts of your photos to have something to contrast with.

### Key elements of photographic minimalism

The great thing about minimalism is that it can be applied to almost every genre of photography, including portrait, landscape, and still life. The only area where minimalism doesn't always work well is street photography, where you often want to show more of the scene.

Therefore, the key aspects of photographic minimalism are the following:

**Negative space:** This refers to an area of empty space in your photo. The negative space still needs to work compositionally, but that space is what will give your photo its minimalism.

**Small main subject:** The main subject should not fill the frame. It needs to be present but have enough space around it for the

photo to breathe.

**Avoid clutter:** When you compose a photo, do so in such a way that you include the main subject and the background with little else.



### The best location for photographic minimalism

It's possible to produce photographic minimalism in almost any location. The important factors are the angle you photograph at and the focal length of your lens. Here are a few possible ideas you can use:

**Minimal locations:** Places like coastlines and deserts offer minimalism pretty much wherever you point the camera.

**Urban settings:** Look for a plain wall and use this as a background for a minimalist portrait.

**A shard of light:** Go for low-key minimalism by locating a shard of sunlight, or by putting a snoot on a flash and aiming it at a person. Then expose for the light on that person, while leaving the background underexposed and dark.

**Product photos:** Use a lightbox to produce high-key product photos that are surrounded by white (or by the background colour that you



choose). *The ocean is minimalist by nature. The ripples on the water add interest to the negative space.*

### Which lens works best?

The lens that works best for minimalism will depend a lot on the location you're photographing. It may be hard to produce

minimalism with a wide-angle lens in an urban setting, but take the same lens to a desert and it'll do a great job. The following is a guide to help you choose the correct lens:

**Wide-angle:** Use a wide-angle lens in a location where you can fill the frame with one particular background. That background will often be the sky but could equally be rolling green hills. This works best in rural areas.

**Telephoto:** It's easier to produce minimalism when you use a telephoto lens. This is because you can zoom in on a specific area to avoid elements that clutter the frame. When using a long focal length, ensure there is enough negative space around your main subject.

### Change the angle

A simple change of angle can have a big impact on your photos and help you produce photographic minimalism. Stepping to the side or crouching down to the ground can be all it takes to remove a distracting element from your composition. Here are some options that will turn a cluttered scene into a minimalist one:

**A bird's-eye view:** This works best where you have fields or a coastline, so the location is already minimalist.

**Crouching below a wall:** Use a wall as the horizon line and aim up towards the sky. The wall blocks out the usually busy horizon, and you can add a person as a silhouette against the sky.

**Compression:** I already talked about this in the section about lenses and focal length, but zooming in to remove distracting elements from the edge of the frame works well.

**Move to the side:** A single step can be all it takes to change the background from cluttered to minimal.

### Post processing can help

Now, it's best to get your photo right from the start and simply change your position so that you can compose a minimalist photo. That said, there are times that creating a minimalist composition in-camera isn't possible, yet the photo is still very much there to be taken. There could be a lamppost or an electric pylon

Continued from P4

that comes into your frame.



This photo shows a monastery at Meteora in Greece. A long focal length is used and the rocks create a minimal, textured background.

Fortunately, it's increasingly easy to clone out unwanted elements from your photo. And once you've done that, you'll have created minimalism.

## Maximize your photos with minimalism!

A lot of successful photos use minimalism to great effect. Are you a minimalist with your photography?

Now it's time to maximize your creativity with photographic minimalism over the holidays!

Adapted from: Digital Photography School: - Simon Bond

A man and his wife were sitting in the living room and he said to her.....  
'Just so you know, I never want to live in a vegetative state, totally dependent on some damned machine and fluids from a bottle. So, if that ever happens to me, just pull the plug.'  
His wife got up, unplugged the TV and threw out all his beer.

A police recruit was asked during his final exam, 'What would you do if you had to arrest your own mother-in-law?'  
He answered, 'Call for backup.'

Did you hear about the semi-colon that broke the law?  
He was given two consecutive sentences.

250 lbs here on Earth is 94.5 lbs on Mercury. No, I'm not fat. I'm just not on the right planet.

A dog is truly a man's best friend. If you don't believe it, just try this experiment:  
Put your dog and your wife in the boot of the car for an hour.  
When you open the boot, who is really happy to see you!?

Never, under any circumstances, take a sleeping pill and a laxative on the same night.

**'Sometimes it felt I was carrying pieces of human flesh back home with me, not negatives. It's as if you are carrying the suffering of the people you have photographed.'** - Don McCullin

**'The Judge said, 'Order in the court, and Rudi Giuliani said, 'Gin and tonic, please'.' - Bill Maher**

*I recently picked a new GP, and after two visits and exhaustive lab tests, he said I was doing 'fairly well for my age'. A little concerned about that comment, I couldn't resist asking him: 'Do you think I'll live to be 80?' In response, he asked, 'well, do you smoke tobacco or drink beer/wine?' 'Oh no,' I replied. 'I'm not doing either.' Then he asked: 'Do you eat rib-eye steaks and barbecued ribs?' I said, 'no, my other Doctor said that all red meat is very unhealthy!' 'Well' he asked, 'do you spend a lot of time in the sun, like playing golf, sailing, hiking, or bicycling?' 'No, I don't,' I said. He asked, 'Do you gamble, drive fast cars, or have a lot of sex?' 'No,' I said. 'I don't do any of those things.' He looked at me and said: 'Then why do you give a damn if you live to be 80 or not?'*

*A man owned a small farm in Southland. The Inspectors' Division of the Labour Department claimed he was not paying proper wages to his employees and sent an agent out to interview him. 'I need a list of your employees and how much you pay them,' demanded the Inspector. 'Well,' replied the Farmer, 'There's my farm hand who's been with me for 3 years. I pay him \$600 a week plus free room and board. The cook has been here for 18 months, and I pay her \$500 per week plus free room and board. 'Then there's the half-wit who works about 18 hours every day and does about 90% of all the work around here. He makes about \$10 per week, pays his own room and board and I buy him a bottle of whiskey every Saturday night.' 'That's the guy I want to talk to, the half-wit,' says the Inspector. 'That would be me,' replied the farmer.*

*A Mongrel Mob member walks into the Wanganui WINZ office, stomps straight to the counter and says, 'Hey bro, I hate living on the dole eh. I wanna find a job.' The fella behind the counter replied, 'Your timing is amazing. We have just got a job from a very wealthy man who wants a chauffeur/bodyguard/chaperone for his sex-mad daughter. You will have to drive around in a big black Mercedes, but the suits, shirts, and ties are provided. Because there are long hours in this job, meals will be provided and free accommodation is also supplied in a private serviced apartment attached to their home. You will also be required to escort the young lady on her overseas holidays. The salary package is \$200,000 a year.' The Mob member picks his jaw up off the floor and says 'You're bull\*\*\*\*ing me bro!' The man behind the counter looks at him and replies, 'Well, .... you started it...'*

*We had a power outage at my house this morning and my PC, laptop, TV, DVD, iPad and my new surround music system were all shut down. Then I discovered that my iPhone battery was flat and to top it off, it was raining outside, so I couldn't play golf. I went into the kitchen to make coffee and then I remembered that this also needs power, so I sat down and talked to my wife for a few hours. She seems like a nice person.*

**'Photography has no rules, it is not a sport. It is the result which counts, no matter how it is achieved.'**  
- Bill Brandt

## Sharpening Your Images for Print

This should really be called 'Oversharpening Your Images for Print in Photoshop', because that's pretty much what you do. Here's why: after you get your sharpening to it looks good onscreen, when you print your image, you'll think it looks a little soft and that's because you lose some of the sharpness you see onscreen during the printing process. So, to get around this, we over sharpen our images in Photoshop. Here's what to do: First, get the sharpening so it looks good onscreen (I use Photoshop's Unsharp Mask filter, and if you're looking for a starting place, try these setting: Amount: 120%, Radius: 1, and Threshold: 3). Now, if that looks good onscreen, start slowly dragging the Amount slider to the right, which increases the amount of sharpening, and as soon as you think 'Ewww, that's too sharp...' just stop. Don't backtrack the Amount slider - just stop. Now, I know you're looking at your screen and you are thinking, 'This looks a bit sharp' and if that's what you are thinking, your sharpening is probably right on the money. I know it is hard to print something that looks too sharp onscreen, but you'll have trust that a little too sharp onscreen means a little just right in print. Also, if you're going to need to use this same image on the web and in print, before you apply your sharpening for print, duplicate the Background layer and apply your sharpening just on that layer (and rename this layer 'Sharpened for print', so you will know it's over sharpened). That way, you will still have the original background layer that's not over sharpened.

Adapted from: Scott Kelby

The word POLITICS is derived from the word 'poly' meaning 'many' and the word 'ticks' meaning 'blood sucking parasites'

**'The long wait for an election result has at last given Americans an understanding of five-day cricket.'** seen on Twitter

## List of Trophies - 1990

**Rillstone Trophy** - Presented in 1947 by Mr Eric Rillstone for the Champion Print

**Southland Amateur Sports Trust Cup** - Presented in 1950 for the best set of three prints.

**Russell Cup** - Presented in 1954 by Mr Harry Russell for aggregate competition in A Grade prints

**Colour Cup** - Presented in 1955 by Dr H. Johnston for the best set of six slides.

**Stroud Cup** - Presented in 1957 by Mr J.R.Stroud for aggregate competition in A Grade slides.

**Barwell Cup** - Presented in 1958 by Mr C.E Barwell to the author of the Champion slide.

**Davidson Cups** - Presented in 1958 by Mr Sam Davidson for farm scene or activity, one for prints and the other for slides.

**Jumbo Cups** - Presented in 1959 by Mr J.A.V Gill for aggregate competition, one for B Grade prints, the other for B Grade slides.

**Nature Shield** - Presented in 1961 by Mr J.R.Stroud for the best set of three natural history slides.

**Jubilee Cup** - Presented in 1965 by Mr K.J Grey for aggregate competition in C Grade slides.

**Scott Cup** - Presented in 1973 by Mr W.J.F. Scott for aggregate competition in C Grade Prints.

**Times Trophy** - Presented in 1975 by *The Southland Times* for the most points in photojournalism slides.

**Unicolour Cup** - Presented in 1976 by N.H Finney and Co. to the author of the best colour print.

**Alexander Trophy** - Presented by Mrs D.Alexander for aggregate competition in Natural History slides.

**Crosby Award** - presented in 1981 by Mr A.W.B.Crosby for most points in photojournalism prints.

**Miezenbeek Cup** - Presented in 1987 by Photocentre Ltd for aggregate competition for monochrome.

**Inter Club Cup** - Presented in 1966 for annual competition. Awarded to the Southland Club entering the best collective set of six slides.

Q. What's the difference between ignorance and apathy?  
A. I don't know, and I don't care.

## For Sale - nothing over \$25

62mm Marumi Circular Polarising Filter \$15

77mm B & W Neutral Density Filter 6 stop \$20

77mm B & W Neutral Density Filter 10 stop \$25

77mm B & W UV Haze filter x 2 \$15 each

77mm Marumi Circular Polarising Filter \$20

82mm B & W Circular Polarising Filter \$25

82mm B & W B & W UV Haze filter \$15

2 Nikon Batteries ENEL-3E \$10 each

Sandisk Compact Flashcards

2 x 4GB \$5 each

1 x 8GB \$10

2 x 16GB \$15 each

Lexar USB 3.0 Card reader, CF & SD \$25

7 port USB 3.0 Hub \$10

Contact Stephanie on  
0210721238 or [nanaforrest-er@gmail.com](mailto:nanaforrest-er@gmail.com)

A woman went to the local Medical Centre where she was seen by one of the younger doctors.

After about four minutes in the examination room, she burst out of the room screaming and ran down the hall. An older doctor stopped her and asked what the problem was and when she calmed down, she told him her story. After listening, he had her sit down and relax in another room.

He then marched down the hallway to the back where the young doctor was writing on his clipboard. 'What's the matter with you?' the older doctor demanded. 'Mrs. Reid is 69 years old, has four grown children, seven grandchildren and four great-grandchildren and you told her she was pregnant?'

The younger doctor continued writing and without looking up said, 'But does she still have the hiccups?'

If at first you don't succeed, skydiving is not for you.

Generally speaking, you aren't learning much when your lips are moving.

'Great photography is about depth of feeling, not depth of field.' - Peter Adams

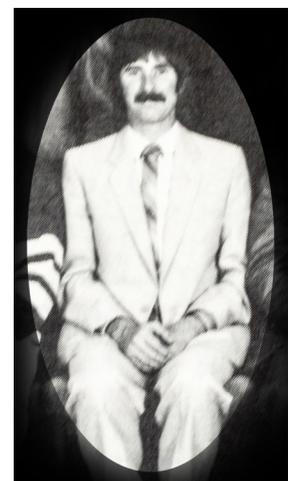
'The difference between Parliament and theatre is that Parliament is under-rehearsed and badly lit' - Glenda Jackson, quoted in the Times.

Attorney: Do you recall the time you examined the body?  
Witness: The autopsy started around 8.30pm.  
Attorney: And Mr Denton was dead at the time?  
Witness: No, he was sitting on the table wondering why I was doing an autopsy on him!

A man and his wife were having some problems at home and were giving each other the silent treatment. Suddenly the man realized that the next day he would need his wife to wake him at 5:00 AM for an early morning business flight. Not wanting to be the first to break the silence (and lose), he wrote on a piece of paper, 'Please wake me at 5:00 AM.' He left it where he knew she would find it. The next morning the man woke up, only to discover it was 9:00 AM and he had missed his flight. Furious, he was about to go to see why his wife hadn't wakened him when he noticed a piece of paper by the bed. The paper said, 'It is 5:00 AM. Wake up.'

THE ECONOMY IS SO BAD THAT...  
My neighbour got a pre-declined credit card in the mail.  
CEO's are now playing miniature golf.  
Exxon-Mobil laid off 25 Congressmen.  
I saw a Mormon with only one wife.  
McDonald's is selling the 1/4 ounce.  
Angelina Jolie adopted a child from America.  
Parents in Beverly Hills fired their nannies and learned their children's names.  
A truckload of Americans was caught sneaking into Mexico.  
A picture is now only worth 200 words.  
When Bill and Hillary travel together, they now have to share a room.  
The Treasure Island casino in Las Vegas is now managed by Somali pirates.  
And, finally...  
I was so depressed last night thinking about the economy, wars, jobs, my savings, Social Security, retirement funds, etc., I called the Suicide Hotline. I got a call centre in Afghanistan, and when I told them I was suicidal, they got all excited, and asked if I could drive a truck.

Give a man a fish and he will eat for a day. Teach him how to fish, and he will sit in a boat and drink beer all day.



A little bit of history...

SPS President - 1989-90